



Brumby Junior School

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Headteacher Mr P Foster

## Growing up and keeping safe ~ a “Whole School Approach”

Research tells us that Children want their parents to be the first people to talk to them about their bodies, changes, growing up and relationships etc. Yet many parents tell us, that they lack the confidence to answer their children's questions adequately.

School is here to help. We are engaging the support of the specialist organisation BigTalk Education. They have been involved in delivering age appropriate sex and relationship education for over 20 years and work with 3 ~ 18 year olds, they also deliver training for Professionals and Workshops for Parents & Carers.

Below is the Programme that will be delivered to the Children by BigTalk Education which reflects the **Ofsted & Sex Education Forum recommendations**. Along with BigTalk Education, it is our belief that every child deserves to be kept safe through knowledge and understanding. Here is an outline of what will be covered:

**Ages 7-8 (Year 3)** Children are taught the differences between boys and girls, naming private body parts, what areas should not be touched (unless the child is happy and gives consent) and who to tell if this happens. Plus, we use specially drawn cards which show situations which are ok “thumbs up” or which may be risky (e.g. other children or adults taking inappropriate photographs of them) “thumbs down” and who they can talk to if they have any concerns.

**Ages 8-9 (Year 4)** We cover different kinds of families, similarities and differences between boys and girls, the emotional and physical changes of growing up (puberty) and how babies are made from ovums and sperm, then develop in the womb etc. (reproduction). Looking after our bodies and how to be safe and healthy, are also discussed.

**Ages 9-11 (Years 5 & 6)** Reproduction and puberty are re-capped, the children are given the opportunity to ask questions. They will often want more details on conception, how babies develop and are born. Sometimes they ask how people can get infections from sex and how they can be prevented or there may be curiosity about feelings or body image, each group is different. Again, it is important that they know there is someone in school as well as at home if they want help, advice or information about puberty, reproduction etc. (Information at this stage is vital to protect them as they move on to Senior School)

All the resources BigTalk Education use are age appropriate and help keep children protected from unwanted touches, abuse, exploitation and inappropriate images etc. Research now shows that children receiving this type of education are three times more likely to speak out if they are touched inappropriately etc ([www.bbc.co.uk/news/education-32321204](http://www.bbc.co.uk/news/education-32321204))

**Please come along to the Parent Information Session on Wednesday 22nd March at 5pm at Brumby Junior School when a Facilitator from BigTalk Education will cover in greater detail what is included and the vital role Parents/Carers can play in keeping their children safe both now and into their teenage years. There will also be an opportunity to ask any questions as a group or individually.**

The book that accompanies this Programme “Bodies, Babies and Bellybuttons” will be available to purchase at the meeting at the discounted price of £8 (20% reduction on the usual on-line price of £9.99)

**It is usual for all children to attend these sessions but if you do not want your child to be present once you have attended the meeting please notify us in writing prior to the day of delivery.**

.....Tear off, complete and return .....

I am going to attend the meeting for Parent/Carers on Wednesday 22nd March at 5pm.

My Name .....

Name(s) of child(ren) .....Year Group(s)

